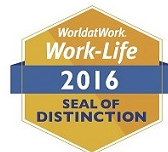


# October 2016

National Work & Family Month



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	<b>4</b> Employee Benefits Fair** 10am-1pm MU Horizon Room ElderCare Connections 12pm-1pm MU 212	<b>5</b> PERS Retirement Readiness 2pm-4pm MU 208  Pre-Register at <a href="http://oregonstate.edu/training">oregonstate.edu/training</a>	<b>6</b> Flu Shot Clinic 10am-3pm MU Journey Room (104) (free for students, faculty/staff pay fee) Financial Workshops*	7	8
9	<b>10</b> World Mental Health Week 10am-2pm MU Quad	<b>11</b> New Employee Orientation 8:30am-12pm MU 213  Flu Shot Clinic 10am-3pm MU Journey Room (104)	<b>12</b> Watercolor Wellness Wednesdays 1pm-3pm Craft Center (Takes place every Wednesday of the month)	13	<b>14</b> Parenting and Adolescent Mental Health 12pm-1pm Hallie Ford Center 115	15
16	17	<b>18</b> Parental Leave and Pregnancy Disability Webinar 10am-11am  Pre-Register at <a href="http://oregonstate.edu/training">oregonstate.edu/training</a>	<b>19</b> Beaver Family Connections: Teen Drinking and Marijuana Use 12pm-1pm MU207	20	<b>21</b> Childcare & Family Resources Open House 3pm-5pm Avery Lodge  Financial Workshops*	<b>22</b> CCE's Make a Difference Day various times & locations  visit <a href="http://sli.oregonstate.edu/cce">sli.oregonstate.edu/cce</a> for more info
23	24	<b>25</b> Fidelity: 1-to-1 Financial Consultations MU 105  Pre-Register for time slot by calling 800-732-8353	26	<b>27</b> Homecoming Carnival 12pm-5pm MUQuad Fidelity: 1-to-1 Financial Consultations Pre-Register MU 214	<b>28</b> Beaver Bash 5-9pm SEC Plaza Pep rally, special guests, tug-of-war and so much more!	29
30	<b>31</b> Childcare & Family Resources Trick-or-Treat Tour 3pm-5pm MU 112 (Family Friendly Lounge)	The month of October was established by Alliance for Work-Life Progress as National Work & Family Month (NWFM) in 2003. It is a month of dedication to ensure that the worlds of both work and family are in balance in each person's life. OSU's NWFM is brought to you by Childcare & Family Resources, Academic Affairs Office of Work Life, and Human Resources				

## Who can I talk with about Work-Life Questions?

### Academic Affairs Office of Work Life:

[oregonstate.edu/admin/aa/work-life](http://oregonstate.edu/admin/aa/work-life)

### Childcare & Family Resources:

[childcare.oregonstate.edu](http://childcare.oregonstate.edu)

### Counseling & Psychological Services:

[counseling.oregonstate.edu](http://counseling.oregonstate.edu)

### Human Resources | EAP:

[hr.oregonstate.edu/benefits](http://hr.oregonstate.edu/benefits)

### Human Resources | Work-Life Balance:

[hr.oregonstate.edu/lifebalance-osu](http://hr.oregonstate.edu/lifebalance-osu)

### Veterans Services:

[studentlife.oregonstate.edu/veterans](http://studentlife.oregonstate.edu/veterans)

## Financial Workshops presented by TIAA

to register call 800-732-8353

\*A Woman's Guide to Financially Ever After- Postcards from the Future  
October 6 | 10:30am-12pm | MU 208

\*The Starting Line: Why and how retirement saving should begin now.  
October 21 | 9am-10am | MU 206

\*Halfway There: A retirement Checkup.  
October 21 | 11am-12pm | MU 206

\*Paying Yourself: Income Options in Retirement.  
October 21 | 11am-12pm | MU 206

