

# Pre-arrival Guide for Students with Children

Things to know prior to your arrival:



## Education for your child

Children 5 years old or older as of September 1st are eligible to be enrolled into the public school system.

- Corvallis School District 509J: <http://www.csd509j.net/>
- Philomath School District 17J: <http://www.philomath.k12.or.us/>

If your child is not yet school age, you can sign them up for early education programs to prepare them for school.

- OSU's Child Development Lab: <http://naci.oregonstate.edu/childcare/osu-child-development-center>
- Beaver Beginnings: <http://www.cclc.com/our-centers/corvallis/or/301417/>
- Parent/Child Classes: <http://www.linnbenton.edu/go/family-resources-and-education-division/family-connections>

## Healthcare

OSU's Student Health Services can provide health insurance coverage for your family members living with you in the US, at an additional cost. You must apply for coverage after you arrive.

- OSU International Student Health Insurance: <http://studenthealth.oregonstate.edu/internationalplan>

For medical care you can visit one of the following medical practices specializing in children's health:

- Samaritan Pediatrics: <http://www.samhealth.org/locations/medical-clinics/Pagessamaritanpediatrics.aspx>
- Corvallis Clinic Pediatricians: <https://www.corvallisclinic.com>



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## Childcare & Family Resources

151 Snell Hall | Corvallis, OR 97331  
541-737-4906  
[oregonstate.edu/childcare](http://oregonstate.edu/childcare)  
[familyresources@oregonstate.edu](mailto:familyresources@oregonstate.edu)

Childcare & Family Resources is student fee funded and provides services to students with families. We host campus-wide events for student parents throughout the year, offer 16 lactation rooms and two free drop-off child care sites on campus, and much more. For more information, feel free to stop by our office when you arrive.

### Child Care Subsidy

Our office offers need-based subsidies for qualifying student parents to help pay for child care.

- <http://oregonstate.edu/childcare/paying-child-care>

### Laws

- Car Seat Law: Infants must ride in a rear-facing seat until they are both 1 year old **and** 20 pounds. After that they must ride in a forward-facing car seat until they reach 40 pounds or reach the maximum weight limit for that car seat. Once they outgrow their forward-facing car seat they must ride in a booster seat until they are 4'9" tall or 8 years old.
- Home Alone Law: You cannot leave your child alone until they reach 10 years of age.
- Babysitting: It is highly recommended that your child be 12 years old or older before they are allowed to care for other children.
- Bike Helmet Law: Children under the age of 16 must wear a helmet while riding a bike.

